

MENU

Starters & Light Bites

Brie Bites	6.5
Crispy bites with a creamy brie. Served with our homemade cranberry mayo VO	
Chicken Satay Skewers	7
Tender strips of marinated chicken, chargrilled on bamboo skewers & served with a rich satay sauce GF	
Beef Croquettes	4
Crisp, golden fried croquettes, filled with RJ Trevarthen beef, onions & herbs. Served with our signature gravy	
Soup Of The Day	5.9
Our homemade soup with toasted focaccia bread, Cornish butter DFO, VG, V, GF	
Gammon & Cheese Bites	4
Succulent gammon wrapped in a crisp coating, filled with melted cheese. Served with our signature gravy	
Chilli & Garlic Prawns	8
De-shelled Tiger Prawns in a garlic and chilli oil, served with toasted focaccia bread GFO	

Inn For All Seasons Carvery

Served every Friday, Saturday & Sunday

A selection of locally sourced, slow cooked meats varying between RJ Trevarthen beef, turkey, pork & gammon. A choice of fresh vegetables, roast potatoes, cauliflower cheese, Yorkshire puddings, stuffing & signature gravy.

Large **19.95** | Standard **17.95** | Nut Roast **17.95**
Small **15.95** | Vegetable **15.95** | Children's **12.95**

Carvery Club

Buy 5 Standard or Large Carveries & get the 6th free!
Ask your server for a Carvery Club Card today
Available on Friday, Saturday & Sunday

Mains

Classic Fish & Chips	17
Beer battered catch of the day, chunky chips, mushy peas, lemon wedge, tartare sauce DF, GFO	
6oz R J Trevarthen Signature Burger	16
Seeded brioche bun, rocket, fried onion, tomato, house slaw, homemade burger sauce & fries DFO, GFO *Add bacon or cheese - 1.5 each	
Thai Sticky Beef Stir Fry	15.5
An Asian inspired bold mix of teriyaki tender beef & vegetables with noodles & prawn crackers DF, VGO	
Grilled Halloumi Burger	15
Seeded Brioche bun, rocket, caramelised onion, tomato, & sea salt rosemary fries V, GFO	
Gammon, Egg & Chips	17.5
10oz RJ Trevarthan gammon steak, free range egg, grilled pineapple, peas, onion rings & chunky chips GFO, DFO	
Scampi Basket	17
Chunky chips, peas, lemon wedge, salad & tartare sauce	
Malay Curry	
Onion, peppers, tomato, steamed rice, coriander & poppadoms, inspired by Malaysian cuisine V, VGO Chicken - 17.5 Beef - 17.5 Mixed vegetable - 15	
Pie Of The Day	14.5
Homemade pie with our rich signature gravy, served with mash potato & buttered greens	
Tomato & Basil Linguine	14
Served with parmesan, rocket & lemon wedge V Add chicken - 2 Add beef - 2	
RJ Trevarthen Sirloin Steak	25
8oz flame grilled sirloin, chunky chips, steak tomato, peas & onion rings DFO, GFO Add a peppercorn or bearnaise sauce - 1.5 each	
Hunter's Chicken	15.5
Homemade BBQ sauce, bacon, mozzarella, chunky chips with a side of salad & house slaw DFO, GF	
Shepherd's Pie	16
RJ Trevarthan lamb in a red wine gravy, with mash & cheesy breadcrumbs, served with buttered greens GF	

House Sides

Chunky chips with Cornish sea salt	5
Fries with garlic & parmesan truffle mayo	6
Garlic Focaccia	5.5
Garlic Focaccia with cheese	6.5
Crispy onion rings	5
House Slaw	4
Pigs in Blankets	5

Children's

Fish & Chips	8
Served with a choice of beans or garden peas GFO, DF	
Scampi	8
Served with fries & a choice of beans or garden peas	
Chicken Chunks	8
Served with fries & a choice of beans or garden peas DF	
Sausage & Mash	8
Served with a choice of beans or garden peas	
Burger	8
Served with fries & salad *Add cheese - £1 GFO	
Grilled Halloumi Burger	8
Served with fries & salad GFO	

Desserts

Sticky Toffee Pudding	7
Served with caramel sauce & vanilla ice cream V	
Chocolate Brownie	8.5
With a wild berry compote & clotted cream VGO, GF	
Callestick Cornish Ice Cream	5.5
Vanilla, strawberry & chocolate, wafer & sauce DFO, GFO	
Eton Mess	8
Crisp meringue, fresh strawberries & whipped cream GF	
Cake Cabinet	
Browse our selection of indulgent cakes, priced individually Add ice cream or clotted cream - 1.5	

Please let your server know if you have any allergies or intolerances. Allergies matrix is available on request.
Key: (V) Vegetarian | (VG) Vegan | (VGO) Vegan Option | (GF) Gluten Free
(GFO) Gluten Free Option | (DF) Dairy Free | (DFO) Dairy Free Option (Menu prices are in pounds sterling)